



Ripponden J & I School Autumn Menu

Week 1

Week 2

Week 3

MONDAY

Mild Chicken Curry
Vegetable Curry (v)
Served with Fluffy Rice & Naan Bread
Jacket Potato with a selection of fillings

Dessert
Chocolate Roll, Fruit or Yoghurt

MONDAY

Spaghetti Bolognaise
Quorn Mince Spaghetti Bolognaise
Jacket Potato with a selection of fillings

Dessert
Chocolate Brownie, Fruit or Yoghurt

MONDAY

Meatball Pasta
Veggie Meatball Pasta (v)
Served with Garlic Bread and Vegetables
Jacket Potato with a selection of fillings

Dessert
Fruity Flapjack, Fruit or Yoghurt

TUESDAY

Tomato & Basil Pasta
Mac & Cheese Pasta
Served with Garlic Bread & Vegetables
Jacket Potato with a selection of fillings

Dessert
Flapjack, Fruit or Yoghurt

TUESDAY

Meat & Potato Pie
Vegetable Pot Pie
Served with Mash and Vegetables
Jacket Potato with a selection of fillings

Dessert
Iced Rainbow Cake, Fruit or Yoghurt

TUESDAY

Chinese Chicken
Veggie Chinese Chicken (v)
Served with Fluffy Rice & Vegetables
Jacket Potato with a selection of fillings

Dessert
Strawberry Jelly, Fruit or Yoghurt

WEDNESDAY

Sausage Roast Dinner
Veggie Roast Dinner (v)
Served with Roast Potatoes, Yorkshire puddings and Vegetables (v)
Jacket Potato with a selection of fillings
Dessert
Jam Sponge with Custard, Fruit or Yoghurt

WEDNESDAY

Sausage Cassolette
Veggie Sausage Cassolette (v)
Served with Mash and Vegetables
Jacket Potato with a selection of fillings

Dessert
Treacle Sponge with Custard, Fruit or Yoghurt

WEDNESDAY

Sausage Cassolette
Veggie Sausage Cassolette (v)
Served with Mash and Vegetables
Jacket Potato with a selection of fillings

Dessert
Chocolate Sponge & Custard, Fruit or Yoghurt

THURSDAY

Margherita Pizza (v)
Pepperoni Pizza
Served with Chips and Spaghetti Hoops
Jacket Potato with a selection of fillings

Dessert
Rice Crispy Cake, Fruit or Yoghurt

THURSDAY

Chicken Tikka Masala
Vegetable Curry (v)
Served with Fluffy Rice & Naan Bread
Jacket Potato with a selection of fillings

Dessert
Iced Biscuits, Fruit or Yoghurt

THURSDAY

Meatball Pizza
Margarita Pizza (v)
Served with Potato Wedges and Vegetables
Jacket Potato with a selection of fillings

Dessert
Chocolate Crispy, Fruit or Yoghurt

FRIDAY

Fish & Chips
Vegan Fish & Chips
Served with Vegetables
Jacket Potato with a selection of fillings

Dessert
Marshmallow Crispy, Fruit or Yoghurt

FRIDAY

Fish & Chips
Vegan Fish & Chips (v)
Served Beans or Spaghetti Hoops
Jacket Potato with a selection of fillings

Dessert
Artic Roll, Fruit or Yoghurt

FRIDAY

Fish Fillets
Vegan Fish Fillets (v)
Served with Chips and Beans
Jacket Potato with a selection of fillings

Dessert
Fruit Sponge & Cream, Fruit or Yoghurt