

Ripponden J&I School
Medium Term Subject Overview for PSHE

Year 6	Weeks							
	1	2	3	4	5	6	7	8
Autumn 1	Health and Wellbeing – How can we keep healthy as we grow? H1, H2, H3, H4, H5, H6, H7, H8, H11, H12, H13, H14, H15, H16, H21, H22, H40, H46, R10							
	IIP	How mental and physical health are linked	How positive friendships and being involved in activities such as clubs and community groups support wellbeing	How to make choices that support a healthy, balanced lifestyle	Continue how to make choices that support a healthy, balanced lifestyle	Habits can be healthy or unhealthy; strategies to help change or break an unhealthy habit or take up a new healthy one		
Autumn 2	Health and Wellbeing – How can we keep healthy as we grow? H1, H2, H3, H4, H5, H6, H7, H8, H11, H12, H13, H14, H15, H16, H21, H22, H40, H46, R10							
	How legal and illegal drugs can affect health and how to manage situations involving them	How to recognise early signs of physical or mental ill-health and what to do about this, including whom to speak to in and outside school	Health problems, including mental health problems, can build up if they are not recognised, managed, or if help is not sought early on	Mental health difficulties can usually be resolved or managed with the right strategies and support	FGM is illegal and goes against human rights; that they should tell someone immediately if they are worried for themselves or someone else			
Spring 1	Living in the Wider World – How can the media influence people? H49, R34, L11, L12, L13, L14, L15, L16, L23							
	IIP	How the media, including online experiences, can affect people's wellbeing – their thoughts, feelings and actions	Not everything should be shared online or social media and that there are rules about this, including the distribution of images	Mixed messages in the media exist (including about health, the news and different groups of people) and that these can influence opinions and decisions	How text and images can be manipulated or invented; strategies to recognise this	Evaluate how reliable different types of online content and media are, e.g. videos, blogs, news, reviews, adverts		

Spring 2	Living in the Wider World – How can the media influence people?							
	H49, R34, L11, L12, L13, L14, L15, L16, L23							
Recognise unsafe or suspicious content online and what to do about it	How information is ranked, selected, targeted to meet the interests of individuals and groups, and can be used to influence them	How to make decisions about the content they view online or in the media and know if it is appropriate for their age range	Recognise the risks involved in gambling related activities, what might influence somebody to gamble and the impact it might have	Discuss and debate what influences people’s decisions, taking into consideration different viewpoints				
Summer 1	Relationships – What will change as we become more independent? How do friendships change as we grow?							
	H24, H30, H33, H34, H35, H36, R2, R3, R4, R5, R6, R16							
IIP	People have different kinds of relationships in their lives, including romantic or intimate relationships	People who are attracted to and love each other can be of any gender, ethnicity or faith; the way couples care for one another	Adults can choose to be part of a committed relationship or not, including marriage or civil partnership	Marriage should be wanted equally by both people and that forcing someone to marry against their will is a crime	How puberty relates to growing from childhood to adulthood			
Summer 2	Relationships – What will change as we become more independent? How do friendships change as we grow?							
	H24, H30, H33, H34, H35, H36, R2, R3, R4, R5, R6, R16							
Reproductive organs and process - how babies are conceived and born and how they need to be cared for that there are ways to prevent a baby being made	Reproductive organs and process - how babies are conceived and born and how they need to be cared for	How growing up and becoming more independent comes with increased opportunities and responsibilities	How friendships may change as they grow and how to manage this	How to manage change, including moving to secondary school; how to ask for support or where to seek further information and advice regarding growing up and changing				